

# 37th Annual Developmental Disabilities Conference



*A Conference Co-Sponsored by MDHHS, the Michigan Chapter of AAIDD, and WMU Homer Stryker M.D. School of Medicine*

**April 13-14, 2021**

**Virtual Conference**



CE Credit provided by Western Michigan University  
Homer Stryker M.D. School of Medicine



# Table of Contents

<a href="#"><u>Overview &amp; Objectives .....</u></a>	<a href="#"><u>3</u></a>
<a href="#"><u>Planning Committee .....</u></a>	<a href="#"><u>4</u></a>
<a href="#"><u>Presenters.....</u></a>	<a href="#"><u>5</u></a>
<a href="#"><u>Conference Schedule.....</u></a>	<a href="#"><u>7</u></a>
<a href="#"><u>Conference Information.....</u></a>	<a href="#"><u>15</u></a>
<a href="#"><u>Sponsors.....</u></a>	<a href="#"><u>17</u></a>

# Overview & Objectives

## Overview

*The Annual Developmental Disabilities Conference will focus on issues related to healthcare, social, community, and educational services which are of critical importance to the future of persons with developmental disabilities. The program will provide an overview of issues related to the spectrum of services currently available as well as strategies for enhancing these services.*

*The program format is designed to present a variety of expert viewpoints to encourage interaction with health professionals. The combination of didactic and workshop format will allow ample opportunity for participants to engage in discussion with the presenters.*

*This educational program is designed for physicians, nurses, psychologists, social workers, therapists, nutritionists, educators, home care providers, and other professionals interested in the delivery of care and services to persons with developmental disabilities*

## Objectives

*From attending this conference, professionals in developmental disability care will be able to:*

- Identify effective methods for the practical application of concepts related to improving the delivery of services for persons with developmental disabilities.
- Identify advances in clinical assessment and management of selected health care issues related to persons with developmental disabilities.
- Discuss the ethical issues related to persons with developmental disabilities.
- Identify and emphasize attitudes that enhance the opportunities for persons with developmental disabilities to achieve their optimal potential.
- Develop strategies to promote community inclusion in meeting the needs of persons with developmental disabilities.

## Planning Committee

NIECIA ANJORIN, LMSW  
WMU Homer Stryker M.D.  
School of Medicine

TERESA BAILEY, PharmD  
Ferris State University  
College of Pharmacy

JUDITH BRADY, PhD  
Michigan State University  
College of Human Medicine

DIANE CIRIC  
AHS Community Services, Inc.

TONY C. KIM, MD  
Community Living Services

JEANA KOERBER, PhD, BCBA-D, LBA  
Great Lakes Center for Autism  
Treatment and Research

MARK LAMAN, PhD  
Developmental Enhancement  
Behavioral Health

DIANE L. MCCALL, MS, RN  
Wayne Center

EMILY OSTROWSKI MS, RD  
Sparrow Health System

DILIP R. PATEL, MD, MBA  
Conference Co-Chair  
WMU Homer Stryker M.D.  
School of Medicine  
Children's Special Healthcare Services

COURTNEY PUFFER, MA  
Conference Coordinator  
WMU Homer Stryker M.D.  
School of Medicine

PRICE PULLINS, MA  
Conference Co-Chair  
Michigan Department of Health & Human Services

CHARLYSS RAY, OTR-L  
Michigan Department of Health & Human Services

MARY SHEHAN-BOOGAARD  
Michigan Developmental Disabilities Council

NEEL SOARES, MD  
WMU Homer Stryker M.D.  
School of Medicine

JANE TURNER, MD  
Professor Health Programs, Pediatrics and Human  
Development  
Michigan State University

## Presenters

AMELIA ALLEN LLMSW  
Michigan Developmental Disabilities Institute  
Wayne State University

ROGER APPLE PHD  
WMU Homer Stryker MD  
School of Medicine

TERESA BAILEY, PHARMD  
Ferris State University  
College of Pharmacy

BRITTANY BATELL MPH, MSW  
Michigan Organization on  
Adolescent Sexual Health

LEONARDO BRAVO

MICHAEL BRAY MA, EdS  
Michigan Developmental Disabilities Institute

KRISTIN BROOKS 500 hr Yoga Instructor,  
LYB Yoga Certified  
Hill Top Yoga  
Origami Brain Injury Rehabilitation Center

KARLEY BROUWER CTRS, CDP, CBIS,  
LYB Yoga Certified  
Origami Brain Injury Rehabilitation Center

SALLI CHRISTENSON  
Michigan Developmental Disabilities Institute  
Wayne State University

KRISTI DAVIS CTRS  
Alzheimer's Association

STEPHANIE DIPONIO MSW  
Michigan Organization on  
Adolescent Sexual Health

ANNETTE DOWNEY MSA, LBSW  
Community Living Services

JULIE FITZSIMONS

CALVIN GAGE MA, LBA, BCBA  
The Great Lakes Center for Autism

MIRANDA GRUNWELL BS  
Disability Network Southwest Michigan

DAWN GUBANC-ANDERSON DNP, RN, NE-A, BC,  
FACHE  
Chamberlain University

HEATHER HALLETT LLBSW  
Lenawee County Community Mental Health

JULIA HERNANDEZ MA  
Michigan Developmental Disabilities Institute  
Wayne State University

ELIZABETH JANKS LMSW, ACSW  
Michigan Developmental Disabilities Institute  
Wayne State University

JAMIE JUNIOR

ALEX KIMMEL

CASEY KLOOSTERMAN  
PHARMD Candidate  
Ferris State University  
College of Pharmacy

RYAN KLOTZ

JEANA KOERBER PHD, BCBA-D, LBA  
Great Lakes Center for Autism  
Treatment and Research

## Presenters

HANNAH LEHRER DNP, MSN, RN ,CNE  
Chamberlain University

AMY PECKINPAUGH LBSW  
Michigan Developmental Disabilities Institute  
Wayne State University

BLAKE PERRY

MARY SHEHAN-BOOGAARD MS, QSE  
Michigan Developmental Disabilities Council

RAJIV TANDON MD  
WMU Homer Stryker MD  
School of Medicine

FRANK VACA  
Governor's Autism Council

TRACY VINCENT  
Michigan Developmental Disabilities Council

KATIE WHITE MA  
WMU Homer Stryker MD  
School of Medicine

# Conference Schedule

## Tuesday, April 13

**8:45 am Welcoming Comments**

**9:00 am – 10:00 am Plenary Address**  
**Patricia Haney, RN Memorial Lecture:**  
**Mental Developmental Disabilities Circa 2020: New Concepts and Definitions**

Rajiv Tandon, MD

There has been a significant change in our conceptualization of mental developmental disorders, leading to substantial revisions in their definition and characterization in DSM-5. In this presentation, the range of generalized intellectual disability, specific learning disabilities, communication disorders, autism, ADHD, and motor disorders will be reviewed, changes will be summarized, and their clinical and treatment implications will be discussed.

**10:00 am Break**

**10:15 am – 11:15am Concurrent Workshops**

**A1 Intersecting Identities: Being LGBTQ+ with an Intellectual or Developmental Disability**  
Brittany Batell, MPH, MSW; Stephanie DiPonio MSW; and Frank Vaca

This workshop, co-facilitated by sexual health professionals and self-advocates, will illustrate the diversity of sexuality among people with I/DD. We will define LGBTQ+ terminology, review statistics, and deconstruct common myths, stereotypes, and stigmas. Presenters will share their personal experiences with navigating their identities as both having I/DD and being LGBTQ. Participants will leave with an understanding of how to be more inclusive and affirming of people of all sexual orientations and gender identities.

Trends, Mental Health/Psychiatry, Issues in Transition/Education, On the Front Line

Practice Level: Beginner

# Conference Schedule

## **A2 Prescribing Patterns of Second-Generation Antipsychotics in Pediatrics Patients: FDA indications vs guidelines.**

Teresa Bailey, PharmD & Casey Kloosterman, PharmD Candidate

Six second generation antipsychotic (SGA) medications are approved to treat pediatric schizophrenia, Tourette's disorder, bipolar I disease and irritability associated with autism spectrum disorder. Several SGAs are used off-label for other diagnoses. Safety concerns include extrapyramidal symptoms, weight gain, metabolic changes, sedation, tachycardia and suicidal risk. Research will be presented regarding SGA prescription patterns of prescribing and monitoring and to determine the extent to which published practice guidelines are followed.

Medical, Mental Health/Psychiatry

Practice Level: Beginner

## **A3 Disability Language and Etiquette (Part 1)**

Miranda Grunwell, BS

The language we use is powerful and can reveal hidden assumptions we might not realize we have. Our words can be hurtful even when well-intended. This workshop is designed to allow participants to explore new ideas and challenge some assumptions about what it means to live with a disability. Ableism shows up in our organizations whether we intend it to or not. We hope you learn new ways of thinking and talking about disability.

Trends, Issues in Transition/Education

Practice Level: Beginner

**11:15 am—11:30 am Break**

**11:30 am –12:30 pm Concurrent Workshops**

## **B1 Trauma-Informed Care for People with Intellectual and Developmental Disabilities**

Brittany Batell, MPH, MSW; Stephanie DiPonio MSW; and Frank Vaca

This workshop, co-facilitated by sexual health professionals and self-advocates, will give participants a foundational understanding of sexual abuse vulnerabilities and disparities for people with I/DD. We will define trauma-informed and healing-centered principles as well as concrete practices, and discuss how participants can apply them in multiple settings.

Medical, Trends, Mental Health/Psychiatry, Issues in Transition/Education, On the Front Line

Practice Level: Beginner



# Conference Schedule

## **B2 Home Safety and Environmental Modifications for People with Developmental Disabilities and Dementia**

Kristi Davis, CTRS

This workshop will include strategies and suggestions for helping people with developmental disabilities and co-morbid dementia stay in their home. In this presentation we will discuss how to assess the environment and the person for safety, learn about safety issues for different stages of dementia, and learn about dementia-friendly environments and modifications that can be made.

Mental Health/Psychiatry, On the Front Line

Practice Level: Beginner

## **B3 Disability Language and Etiquette (Part 2)**

Miranda Grunwell, BS

The language we use is powerful and can reveal hidden assumptions we might not realize we have. Our words can be hurtful even when well-intended. This workshop is designed to allow participants to explore new ideas and challenge some assumptions about what it means to live with a disability. Ableism shows up in our organizations whether we intend it to or not. We hope you learn new ways of thinking and talking about disability.

Trends, Issues in Transition/Education

Practice Level: Beginner

**12:30 pm – 1:30 pm**

**Lunch Break and Exhibits**

# Conference Schedule

## 1:30 pm – 2:30 pm      Concurrent Workshops

### **C1      Advanced Person-Centered Planning – Back to Basics**

Cancelled

### **C2      HCBS Toolkit for Individuals, Family Members, and Organizations**

Amy Peckinpaugh, Amelia Allen, Salli Christenson, HCBS Trainers

This session is intended for individuals, family members, and community mental health staff. Participants will learn about the Home and Community Based Services Final Rule and the Michigan Developmental Disabilities Institute's (MI-DDI) collaboration with the Michigan Department of Health and Human Services (MDHHS) and the Michigan Developmental Disabilities Council (MDDC) on HCBS transition. HCBS Trainers will share their experiences and lessons learned from facilitating HCBS trainings in their communities.

Mental Health/Psychiatry, Issues in Transition/Education

Practice Level: Beginner

### **C3      Making New Connections: Brain and Body Wellness through Yoga**

Karley Brouwer CTRS, CDP, CBIS, LYB Yoga Certified

Kristin Brooks 500 hr Yoga Instructor, LYB Yoga Certified

The LoveYourBrain (LYB) Foundation developed a research-based yoga and meditation program specifically tailored for the TBI community in order to help improve and restore wellbeing. Learn how Origami Brain Injury Rehabilitation Center partnered with LYB, the first clinical partnership in the country, to bring the FUNdamental Yoga Series to survivors and caregivers in the Mid-Michigan area. During the session you will explore a breathing exercise and guided meditation, learn about the benefits of yoga practice, and receive tips for incorporating yoga and meditation activities at home.

Medical, Trends, Mental Health/Psychiatry

Practice Level: Intermediate

**2:30 pm**

**Day 1 Adjourned**

# Conference Schedule

## Wednesday, April 14

**8:45 am Welcoming Comments**

**9:00 am—10:00 am Plenary Address**

**Dennis Lyne, MD Memorial Lecture:  
Diagnostic Overshadowing in Children and Adolescents with Developmental Disabilities**

Katie White, MA and Roger W. Apple PhD

Diagnostic Overshadowing is the tendency to overlook or ignore symptoms of mental or physical illness and attribute these symptoms to the primary diagnosis (developmental disability). Our presentation will describe the importance of assessment in identifying comorbid conditions often present with Intellectual and Developmental Disabilities

**10:00 am—10:15 am Break**

**10:15 am –11:15 am Concurrent Workshops**

**D1 Parent Satisfaction in Children with Developmental Disabilities**

Hanna Lehrer DNP, MSN, RN, CNE & Dawn Gubanc-Anderson DNP, RN, NE-A, BC, FACHE

The measurement of parent satisfaction is one of the most vital practices a program can perform to better help those who utilize their services. This presentation involves the discussion of a revised person-centered approach model that includes the dissemination of a parent satisfaction survey. Together we will engage in thoughtful discussion with our peers, brainstorm new ideas for each role in this wonderful community, and strategize ways to empower those we serve.

Medical, On the Front Line

Practice Level: Beginner

# Conference Schedule

## **D2 Supported Decision-Making: Tools You Can Use (Part 1)**

Mary Shehan-Boogaard MS, QSE

This workshop will describe Supported Decision-Making and many alternatives to guardianship aimed at supporting people with Intellectual and Developmental Disabilities (I/DD), to be autonomous adults. Resources and tools will be shared that help Individuals with I/DD, families, and professionals to map out the decision-making processes. Participants will leave with a Supported Decision-Making Resource Manual.

Issues in Transition/Education, On the Front Line

Practice Level: Beginner

## **D3 Using ABA Services to Ensure Successful Transitions from Youth to Adult Services**

Jeana Koerber PhD, BCBA-D, LBA

Moving from the children's system to the adult system can be difficult for any consumer. However, adolescents with autism and a history of challenging behavior are sometimes the most vulnerable during this time. Learn how Outpatient ABA services and waiver services have been used to ensure transitions into adult placements were successful.

On the Front Line

Practice Level: Beginner

**11:15 am - 11:30 am Break**

**11:30 am—12:30 pm Concurrent Workshops**

## **E1 Let's Bring the Sexy Back to Self-Determination**

Annette Downey MSA, LBSW

This is a presentation focused on the ultimate purpose of our important work – empowering people with developmental disabilities to lead self-determined lives based on THEIR preferences and control over their services. “Getting great services” is obviously not the goal of our work -“GETTING A GREAT LIFE” is. Let's try to bring the passion back to the values that have made Michigan a leader in the disability rights movement!

Trends, Issues in Transition/Education

Practice Level: Beginner

# Conference Schedule

## **E2 Supported Decision-Making: Tools You Can Use (Part 2)**

Mary Shehan-Boogaard MS, QSE

This workshop will describe Supported Decision-Making and many alternatives to guardianship aimed at supporting people with Intellectual and Developmental Disabilities (I/DD), to be autonomous adults. Resources and tools will be shared that help Individuals with I/DD, families, and professionals to map out the decision-making processes. Participants will leave with a Supported Decision-Making Resource Manual.

Issues in Transition/Education, On the Front Line

Practice Level: Beginner

## **E3 The MI-OCEAN Project: Strategies to Improve Quality of Life for Aging Caregivers**

Elizabeth Janks LMSW, ACSW and Julia Hernandez MA

The primary goal of the MI-OCEAN project is to address the needs and health concerns of caregivers over the age of 55 to adults with neurodevelopmental disabilities. The project uses a family support, peer model to identify and address various issues that may negatively impact the health and well-being of caregivers and those that depend on them. The goal of this statewide project is to, reduce stress, and improve both health outcomes and quality of life for the Caregiver and the person they support.

Trends, Issues in Transition/Education

Practice Level: Beginner

**12:30 pm—1:30 pm**

**Lunch Break and Exhibits**

# Conference Schedule

## 1:30 pm—2:30 pm Concurrent Workshops

### **F1 What's the Worst That Could Happen: Understanding the risks of poorly informed behavioral treatment**

Calvin Gage MA, LBA, BCBA

Behavioral treatment planning requires a significant amount of information regarding a consumer and the challenging behavior they exhibit. The presentation will examine the importance of conducting a complete and detailed functional assessment. This will be done through case examples in which critical information was not considered resulting in short term poor outcomes.

Trends

Practice Level: Beginner/Intermediate

### **F2 Autonomous Vehicles and Persons with Disabilities: Ensuring Stakeholder Voices are Heard Before, During and After Design and Deployment**

Michael Bray BA, Ed.S.

Autonomous, or driverless, vehicles are a quickly emerging technology that holds great promise for increased mobility, inclusion, and independence for persons with intellectual and developmental disabilities. This workshop will discuss a current autonomous vehicle research project being conducted by the Michigan Developmental Disabilities Institute (MI-DDI). The goal of the project is to ensure that the voices of individuals with disabilities are heard by those designing, developing, and deploying this promising technology.

Trends

Practice Level: Beginner

### **F3 Charting the Course to a Good Life**

Tracy Vincent and Heather Hallett LLBSW

Do you believe all people have the right to live, love, work, play and pursue their life aspirations in their community? If so, we invite you to join us as we provide an introduction to Charting the LifeCourse, a framework designed by and for individuals and families at any age or stage of life to think about what they need to know, identify how to find or develop supports, and discover what it takes to live the lives they want to live. We will demonstrate how three tools developed from the framework can be used to have meaningful conversations with individuals to plan for present and future life outcomes that take into account all facets of life and have life experiences that build on self-determination, social capital, economic sufficiency and community inclusion.

Issues in Transition/Education

Practice Level: Beginner

# Conference Info

## **Registration**

The registration fee includes admission to the virtual conference only. Confirmation notices will be sent by email.

**Registration can be completed at: <https://wmed.cloud-cme.com/2021DDConference>**

## **Cancellations**

All cancellations must be received in writing email, and are subject to a 10% cancellation fee. If you cancel with 1-6 business days notice, between April 5th and April 12th, you will receive a 50% refund. No refunds will be issued after the conference begins. Send cancellation notices to [ce@med.wmich.edu](mailto:ce@med.wmich.edu).

## **ADA**

To discuss disability accommodation, please email [ce@med.wmich.edu](mailto:ce@med.wmich.edu). Three week's advance notice is appreciated.

## **Certificates**

Record of Attendance Certificates will be available upon completion of an online evaluation form. Paper certificates will not be distributed at the conference.

## **Conference Access**

Links for each breakout session will be emailed to participants.

## **Recording**

This conference will be recorded. By joining the conference, you agree to these terms.

## **Additional Information**

For more information, please email [ce@med.wmich.edu](mailto:ce@med.wmich.edu).

# Conference Info

## **Educational Accreditation**

In support of improving patient care, Western Michigan University Homer Stryker M.D. School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit amount subject to change.

## Interprofessional Continuing Education

This activity was planned by and for the healthcare team, and learners will receive 8.0 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physicians

Western Michigan University Homer Stryker M.D. School of Medicine designates this live activity for a maximum of 8.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nurses

Western Michigan University Homer Stryker M.D. School of Medicine designates this activity for 8.0 contact hours for nurses. Nurses should claim only credit commensurate with the extent of their participation in the activity.

### Pharmacists & Pharmacy Technicians

Western Michigan University Homer Stryker M.D. School of Medicine designates this activity for 8.0 contact hours for pharmacists and pharmacy technicians. Pharmacists and pharmacy technicians should claim only credit commensurate with the extent of their participation in the activity.

### Social Workers

As a Jointly Accredited Organization, Western Michigan University Homer Stryker M.D. School of Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Western Michigan University Homer Stryker M.D. School of Medicine maintains responsibility for this course. Social workers completing this course receive 8.0 continuing education credits.

### Psychologists

This program is co-sponsored by the American Psychological Association for continuing education credit. The American Psychological Association retains responsibility for the program. This activity is designated for 8.0 APA CE Credits.



## Sponsors

**EPILEPSY FOUNDATION OF MICHIGAN**

**GREAT LAKES CENTER FOR AUTISM  
TREATMENT AND RESEARCH**

**HANGER CLINIC**